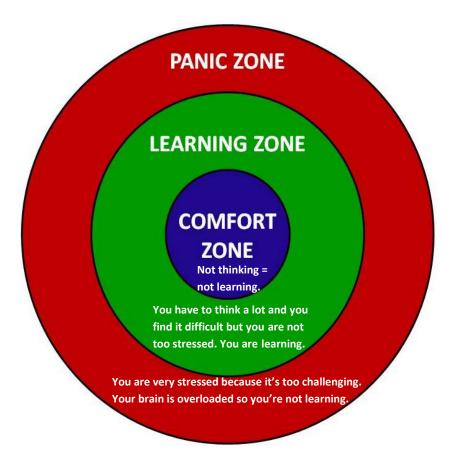
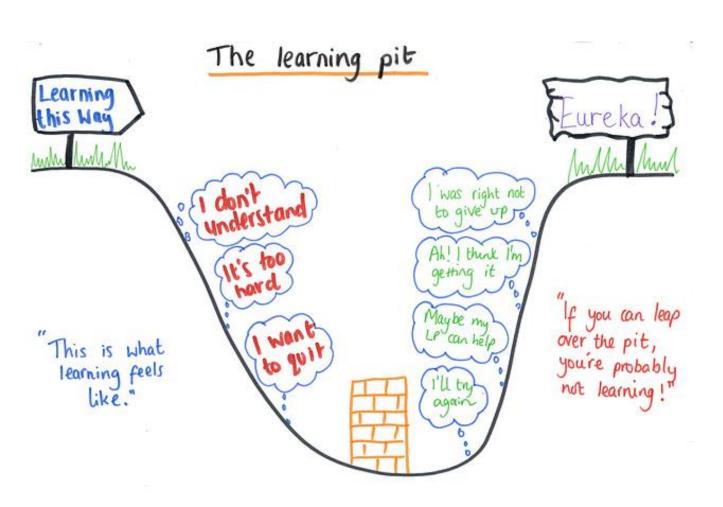
## How it feels to learn



All children learn different things at different rates. This means that we do not group the children according to ability within a subject. Instead teachers give lots of ways to change the level of challenge while focussing on and mastering the same thing. As well as this the children are taught strategies to increase or decrease the level of challenge so that they're in the learning zone - an important element of intrinsic motivation when it comes to learning!



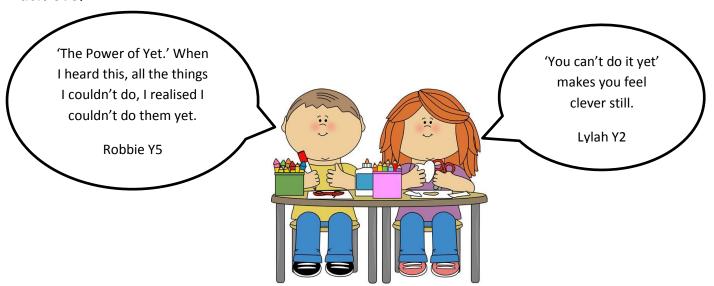


# Learning at GHF

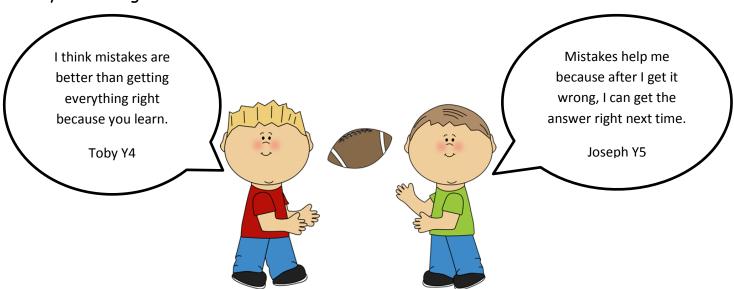
#### Growth Mindset

Since September we have been working on developing our growth mindset. This is the idea that we can grow our brain's capacity to learn and to solve problems.

One of the biggest and most challenging changes we have made is the language we use. For example, we are all regularly using the word 'yet'. Knowing that we can't do something yet but we will be able to if we keep practising, motivates us to continue to learn. Through this the children understand that there is no limit to what they can learn and achieve.



We have also been looking at the importance of mistakes. The children know that mistakes are an essential part of learning and that without them, we are not challenging ourselves enough. We are now celebrating occasions where children have realised their mistakes and learnt from them. This makes the children much more confident and willing to try new things.



### Our Learning Muscles

The brain is like a muscle - the more you use it, the more effective it becomes! The GHF BRAIN helps children to focus on the skills that make a successful learner.

## We use our **GHF BRAIN**



I take risks.
I don't worry about making mistakes or if something goes wrong.
I learn from mistakes.
I am excited to try new things.

Release your imagination

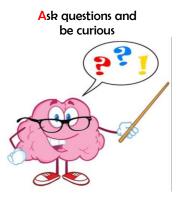
I'm creative. I let my imagination go. I think up new ideas and questions.

I am proud of my achievements.
I imagine my brain growing and my neurons connecting.
I use what I have learned in real life.
I know I CAN DO IT if I am

shown and I practise.



I ask questions.
I notice things.
I look for patterns and connections.
I think of possible reasons.
I research.
I ask 'What if...?'



### Focus and absorb



I don't get distracted.
I don't distract others.
I get lost in the task.
I do one thing at a time.
plan and think things through.
I draw diagrams and jot down things to help me learn.



I learn from mistakes.
I keep reviewing my work.
I identify my best bits.
I improve one thing at a time.
I don't compare myself to other people — only to myself.
I take small steps.

I work with others when
I need to.
I listen to others.
I say when I don't understand.
I'm kind when I disagree with someone.
I explain things to help others.
I am respectful of others.



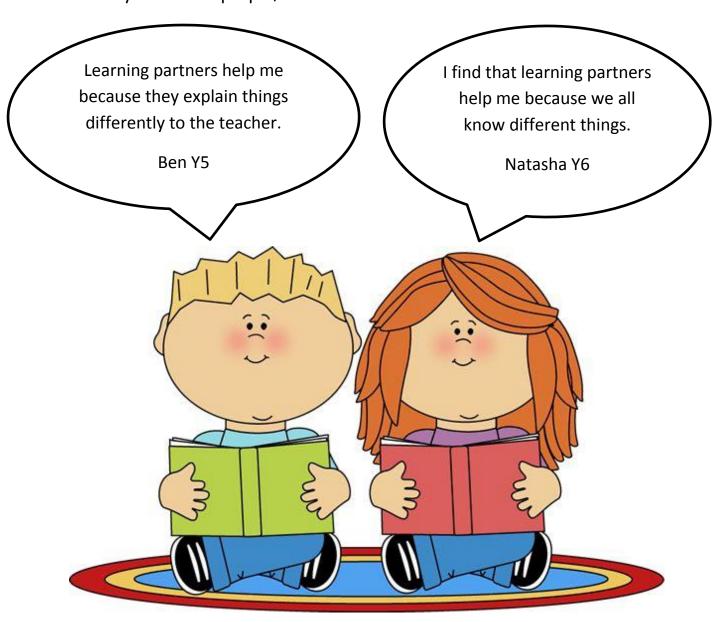
I work hard.
I practise lots.
I keep going.
I try new strategies.
I ask for help.
I start again if I need to.
I take a brain break.



To stay up to date with how your child's learning muscles are developing, join ClassDojo! Please see your child's teacher for further information on how to sign up.

### Learning Partners

Your child will often work with a learning partner. Together they'll share their ideas, plan their work, solve problems and reflect on their learning. It helps children to learn, even when they are at different stages of their learning. Learning partners are chosen at random and change every week. This is also great for helping the children to learn how to work with many different people, which is a life skill!



### <u>Mastery</u>

At GHF we have a mastery approach to learning. This means we spend time becoming really confident with a particular skill before moving on to something new. Practise is really important. We practise skills not until we get them right, but instead until we can't get them wrong. When we are fluent with a skill, we deepen our understanding by applying it to different contexts and problems and explaining what we know to others.